

日本料理 浜辺 Hamabe

## 焼き物 YAKIMONO ( GRILL)

### 海鮮 SEAFOOD

海老 Ebi 1 pc  
Prawn

烏賊 Ika 40gr  
Squid

ししゃも Shishamo 2 pcs  
Capelin

ハタ Hata 60gr  
Grouper

鮭 Sake 60gr  
Salmon

鯛 Tai 60gr  
Red snapper

鮪 Maguro 60gr  
Tuna

伊勢海老 Ise-ebi  
Lobster 1/2 piece

### 肉料理 MEAT


和牛サーロイン  
Margaret River Wagyu beef sirloin 60gr

オーストラリア牛ヒレ肉  
Gyu-hireniku 60gr  
Australian beef tenderloin


鶏胸肉 Tori muneniku 60gr  
Chicken breast

鶏のつくね Tori tsukune 2 pcs  
Chicken balls

手羽先tebasaki 2 pcs  
Chicken wings

豚肉 Butaniku 60gr   
Pork loin

羊のあばら肉 Hitsuji no abaraniku 1pc  
Lamb chop

 *Contains pork*

 *Spicy*

## 野菜 VEGETABLE

じゃが芋 Jagaimo  
Potato

茄子 Nasu  
Egg plant

とうもろこし Toumorokoshi  
Corn

椎茸 Shiitake  
Shiitake mushrooms

ピーマン Pi-man  
Capsicum

にんにく Ninniku  
Garlic

かぼちゃ Kabocha  
Pumpkin

さつまいも Satsumaimo  
Sweet potato

ズッキーニ Zukki-ni  
Zucchini

豆腐 To-fu  
Bean curd

アスパラガス Asuparagasu  
Green asparagus

トマト Tomato  
Tomato

ベビーコーン Bebikōn  
Baby corn

エリンギ Eringi  
King oyster mushroom

菜盛り合わせ Yasai moriawase  
Mixed vegetables

## 前菜 ZENSAI - APPETIZER

枝豆 Edamame

Boiled young soy beans

牛たたき Gyu tataki 

Seared slice of Australian beef, onion, hot red radish  
and citrus soy sauce

鮪たたき Maguro tataki

Seared tuna, citrus soy sauce

海老餃子 Ebi gyo-za

Grilled prawn dumplings

鶏肉餃子 Toriniku gyo-za

Grilled chicken dumplings

野菜サラダ Yasai salad

Mixed garden salad with yuzu dressing

胡麻豆腐 Goma do-fu

Sesame tofu

揚げだし豆腐 Agedashi do-fu

Deep fried bean curd with bonito stock sauce

炙りサーモンとポテトサラダ Aburi sa-mon

Seared salmon and mash potato salad with yuzu dressing



*Contains pork*



*Spicy*

## 刺身と寿司

### SASHIMI TO SUSHI - FRESH RAW FISH & SUSHI

#### 刺身 FRESH RAW FISH (per 5 slices)

鮪 Maguro - Tuna  
蛸 Tako - Octopus  
鯛 Tai - Red snapper  
北寄貝 Hokkigai  
- Sakhalin surf clam

鮭 Sake - Salmon  
甘エビ Amaebi - Sweet shrimp  
烏賊 Ika - Squid

刺身の盛り合わせ Sashimi no moriwase  
Assorted fresh raw fish (**per 10 slices**)

#### 寿司と巻物 SUSHI AND SUSHI ROLL (per 2 pcs)

鮪 Maguro - Tuna  
鯛 Tai - Red snapper  
蛸 Tako - Octopus  
甘エビ Amaebi - Sweet shrimp  
海老 Ebi - Prawn  
鮭 Sake - Salmon  
烏賊 Ika - Squid  
北寄貝 Hokkigai - Sakhalin surf clam  
しめ鯖 Shimesaba - Pickled mackerel  
鰻 Unagi - Sea eel  
いくら Ikura - Salmon roe  
玉子焼き Tamago yaki - Egg omelet

#### Rolls (per 6 pcs)

鉄火巻き Tekka maki - Tuna roll  
かっぱ巻き Kappa maki - Cucumber roll

#### Rolls (per 8 pcs)

スパイシー鮪ロール Spicy maguro roll   
Spicy tuna and scallion

レインボーロール Rainbow roll  
Crab meat, cucumber, tuna, salmon, red snapper and avocado

ドラゴンロール Dragon roll  
Shrimp tempura, sea eel and avocado

カリフォルニア巻き California maki  
Crabmeat, avocado, cucumber, tobiko and  
mayonnaise

 Contains pork

 Spicy

## 揚げ物 AGEMONO - FRIED DISHES

天婦羅盛り合わせ Tempura moriawase  
Deep fried prawn, fish and vegetables


海老の天婦羅 Ebi no tempura  
Deep fried prawn

野菜天婦羅 Yasai no tempura  
Deep fried vegetables

カツレツ (ソースとポン酢からお好みで)  
Katsu retsu  
Deep fried cutlet with salad  
and tonkatsu sauce or ponzu sauce

豚カツ Tonkatsu   
Pork cutlet

鶏カツ Torikatsu  
Chicken breast



串揚げ盛り合わせ Kushiage moriawase   
(豚肉、鶏肉、海老、玉ねぎ、ピーマン)  
Butaniku, toriniku, ebi, tamanegi, pi-man  
Assorted fried pork, chicken, prawn, onion and capsicum

## 汁物 SHIRUMONO - SOUP

味噌汁 Misoshiru  
Miso soy bean paste soup

お澄まし汁 Osumashi ziru  
Clear fish broth with mushroom, chicken and tofu

海鮮汁 Kaisenjiru  
Seafood in miso broth with tuna, salmon and red snapper

 *Contains pork*  *Spicy*

## 麺とご飯もの MEN TO GOHANMONO-NOODLE & RICE

天婦羅うどん、そば Tempura udon, soba  
Hot wheat or buckwheat noodles with deep fried prawn  
and vegetables


天ざるうどん、そば Tenzaru udon, soba  
Cold wheat or buckwheat noodles with deep fried prawn  
and vegetables with cold dipping sauce

焼きうどん Yaki udon  
Stir fried udon noodles with your choice of  
seafood, beef, chicken or vegetables with soy sauce

特上鍋焼きうどん(牛ヒレ、海老天など)  
Nabeyaki udon  
Hot wheat noodle with prawn tempura,  
Australian beef tenderloin and vegetables

鰻丼 Unadon  
Grill eel flavored with special sauce on steamed rice  
with miso soup & pickles

カツ丼 Katsudon  
Cutlet cooked with onions, eggs and sauce on steamed rice  
with miso soup & pickles

豚カツ Tonkatsu Pork cutlet 

鶏カツ Torikatsu Chicken breast

海老カツ Ebikatsu Prawn cutlet

牛丼 Gyu-don  
Thinly sliced beef and vegetables with sweet soy sauce  
on steamed rice with miso soup & pickles

天丼 Tendon  
Deep fried prawn and vegetables with tendon sauce  
on steamed rice with miso soup & pickles

 Contains pork

 Spicy

# 鉄板焼きコース TEPPAN YAKI COURSE MENU

## 華コース HANA COURSE

小鉢 Kobachi - Appetizer

刺身か天婦羅 Sashimi or tempura  
Sashimi or deep fried prawn  
and vegetables

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牛ヒレ肉 Gyu-hireniku  
Australian beef tenderloin

鮭 Sake  
Salmon

鯛 Tai  
Red snapper

野菜盛り合わせ Yasai moriawase  
Assorted vegetables

焼き飯とお新香、または握り寿司  
Yakimeshi to oshinko,  
matawa nigiri zushi  
Fried rice with pickles or sushi

味噌汁 Miso shiru  
Miso soup

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デザート Dessert  
焼きバナナのアイス添えか果物  
Banana flambé  
With vanilla ice cream or fresh fruit

## 凜コース RIN COURSE

小鉢 Kobachi - Appetizer

刺身か天婦羅 Sashimi or tempura  
Sashimi or deep fried prawn  
and vegetables

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牛ヒレ肉 Gyu-hireniku  
Australian beef tenderloin

伊勢海老 Ise-ebi  
Lobster

ムール貝 Mu-ru gai  
Green mussel

帆立貝 Hotate gai  
Scallop

野菜盛り合わせ Yasai moriawase  
Assorted vegetables

焼き飯とお新香、または握り寿司  
Yakimeshi to oshinko,  
matawa nigiri zushi  
Fried rice with pickles or sushi

味噌汁 Miso shiru  
Miso soup

\*\*\*

デザート Dessert  
焼きバナナのアイス添えか果物  
Banana flambé  
with vanilla ice cream or fresh fruit

 Contains pork

 Spicy



**てっぱん焼き単品 TEPPAN YAKI ALA CARTE**  
(Price per 100gr)

和牛サーロイン  
Margaret river wagyu beef sirloin

オーストラリア牛ヒレ肉 Gyu-hireniku  
Australian beef tenderloin

鶏胸肉 Tori muneniku  
Chicken breast

海老 Ebi  
King prawn

烏賊 Ika  
Squid

鮭 Sake  
Salmon

鮪 Maguro  
Tuna


**PRICE PER PORTION**

焼き飯, またはガーリックライス  
Yakimeshi or Garlic rice  
Fried rice or garlic rice

ご飯セット Gohan set  
Steamed rice , miso soup & pickles

野菜盛り合わせ Yasai moriawase  
Mixed vegetables

お好み焼き Okonomiyaki  
Savoury pancake with Australian beef,  
prawn and vegetables with Okonomi sauce

 Contains pork

 Spicy

## KIDS BENTO (さくら Sakura)

オムライス Omuraise  
Omellete on fried rice


照り焼きチキン Teriyaki chicken  
Grilled chicken with sweet soy sauce

海老と野菜の天婦羅 Ebi to yasai no tempura  
Deep fried prawn and vegetables

ポテトサラダ Potato salada  
Potato salad with mayonnaise

果物と南瓜プリン Kudamono and kabocha purin  
Fresh fruit & pumpkin pudding

 *Contains pork*

 *Spicy*

## 水菓子 MIZUGASHI – DESSERT

わらびもちと白玉の黒蜜がけ

Wrabimochi to shiratama no kuromitsu gake

Tapioca and rice starch dumpling with brown sugar syrup

抹茶アイスのおんこ添え Matcha ice no anko zoe

Green tea ice cream with sweet red bean paste

白玉とフルーツのクリームあんみつ

Shiratama to fruit no cream anmitu

Assorted rice starch dumplings, fruit and fresh cream  
with brown sugar syrup

季節の果物盛り合わせ Kisetsu no kudamono moriawase

Assorted sliced fruit

インドネシアのアイスクリーム Es Puter

Homemade traditional Indonesian ice cream

ココナッツ Coconut

アボカド Avocado

青豆 Green bean

苺 Strawberry

ジャックフルーツ Jack fruit

サワースープ Sour soup

サツマイモが付いているバニラアイス クリーム

Satsumaimo ga tsuite iru baniraaisukurīmu

Vanilla ice cream with sweet potato